

# **CENTRAL WRESTLING**

HEAD COACH: JASON LADD (laddj@westosha.k12.wi.us)

ASST. COACHES: SCOTT DINGEE, LUKE WILLIAMSON, BILLY LANGFORD, ZACK BELL

## **GET CONNECTED**

TEXT ANNOUNCEMENTS AND REMINDERS ABOUT WRESTLING EVENTS: Text the message @mrjlad to 81010.

OUR WEBSITE: <https://goo.gl/8k5LWw>

TWITTER: @Wrestlers\_CHS

## **OPEN MATS**

**Monday and Wednesday : 5:30-6:30PM**

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